

GROW[®] MODEL:

Preparation for an Engagement Conversation

INSTRUCTIONS: Before beginning an engagement conversation, it's helpful to take some time alone and ask yourself a few questions that will help you clarify your own thinking. Use this worksheet to prepare to conduct a GROW session with someone who is unaware or unwilling to acknowledge the need for improvement. For a list of questions you can use, see pages 111-112 in *You Already Know How to Be Great*.

